

LOUISVILLE SOCCER

WINTER CONDITIONING

All winter conditioning sessions will be held from 9:00 am to 10:15 am on Saturday mornings @ Joe Creason Park.

**November 11th & 18th
December 2nd, 9th, 16th & 30th
January 6th, 13th, 20th & 27th
February 3rd & 10th**

These dates skip November 25^t & December 23rd.

Directions to Joe Creason

Watterson Expressway to Newburg Road North or Popular Level Road North. Take Trevilan Way following directions to the Zoo. Entrance to park is directly across from the street.

Practice Cancellation Policy

Winter conditioning will be cancelled if the temperature at 8:00 am is 20 degrees or below. This can be checked easily on any of the four local television stations at 8:00 am. Coaches will be at the park to officially cancel conditioning practice, if you do not check the weather that day.

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